

ALM Mentoring Elective

Date & Time	Session Plan
	Mentoring: What and Why? <ul style="list-style-type: none"> • Historical, biblical and contemporary examples of mentoring • The theology of mentoring • Defining mentoring – what it is and what it isn't • The limits of mentoring • How does mentoring build the church?
	Growing Into Maturity: Whole Person Development <ul style="list-style-type: none"> • The importance of maturity in the Body of Christ • Areas of development: spiritual, emotional, intellectual, relational, vocational
	Qualities of a Mentor <ul style="list-style-type: none"> • What are the qualities needed in a mentor? Conversation as a Means of Grace <ul style="list-style-type: none"> • What can the Puritans teach us about the spiritual discipline of conversation? • How might seeing conversation as part of our Rule of Life shape our approach to mentoring? Starting from where we are: self-awareness <ul style="list-style-type: none"> • Why is self-awareness important? Is this biblical or a dangerously self-centred approach? • How does self-awareness connect with knowledge of God and relationships with others? • What hinders self-awareness?
	Mentoring Frameworks <ul style="list-style-type: none"> • Connecting, clarifying, engaging, evaluating, adjusting • Standing firm, growing up, reaching out, going deep, staying strong, embracing mystery
	The Key Skills of a Mentor: Part 1 <ul style="list-style-type: none"> • Foundation: Prayer • Key Skill: Questioning • Key Skill: Listening
	The Key Skills of a Mentor: Part 2 <ul style="list-style-type: none"> • Foundation: Engagement with Scripture • Key Skill: Sense-making • Key Skill: Goal setting • Helpful resources